

God's Whisper

The Lord said: "Go out and stand on the mountain in the presence of the Lord,
for the Lord is about to pass by."

1 Kings 19:11a NIV

Read 1 Kings 19:11-14

Elijah had been through a really stressful time when God met with him on Mount Horeb. There were all sorts of noisy weather phenomenons and disasters when he was there, but in the end God didn't meet him in the drama and noise, but in the quiet - in a gentle whisper.

Wind



Where do you feel wind-beaten in your life?

Where does it feel like you're fighting a strong headwind?

Doodle or write these things here and bring them to God.

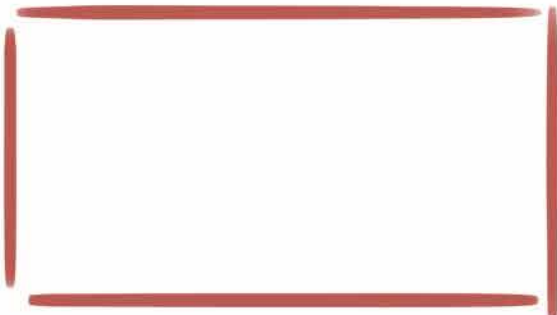


Earthquake



Where do things feel shaky and unstable in your life right now?

Doodle or write these things here and bring them to God.



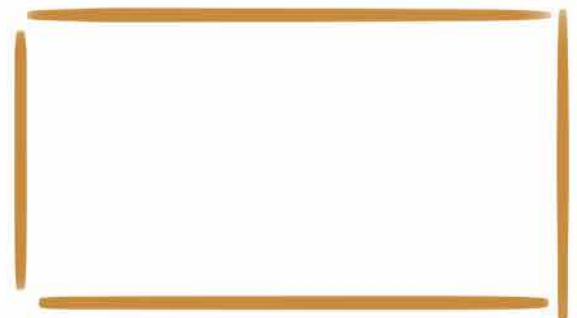
Fire



Does anything feel urgent or frightening in your life?

What are you fearful about?

Doodle or write these things here and bring them to God.



Whisper

Be silent for a moment or maybe whisper a prayer to God.

Know that he meets you and is present in the silence.

